

EMPLOYMENT OPPORTUNITY

REHABILITATION SPECIALIST II, FULL-TIME (TEMPORARY)

POSTING No: 2019-06

POSTING DATE: January 15, 2019

POSTING EXPIRY DATE: until filled

Strathcona Regional District has an opening for a **temporary** full-time Rehabilitation Specialist II for the Strathcona Gardens Recreation Complex for approximately 18 months or the return of the incumbent. Under the direction of the Rehabilitation and Fitness Coordinator the Rehabilitation Specialist II is responsible for organizing and leading water therapy and aquatic and dryland rehabilitation sessions with clients referred from the Insurance Corporation of British Columbia (ICBC), WorkSafe BC, physicians and physiotherapists in one on one and group situations. The Rehabilitation Specialist II is also responsible for teaching adaptive fitness programs, personal weight training sessions, wellness workshops and courses and completing fitness testing.

The successful candidate will be required to complete a criminal record check and become a member of the United Steel Workers, Local 1-1937. The current rate of pay for this position is \$28.18 per hour.

REQUIRED EDUCATION

- Completion of grade 12
- Four-year degree in kinesiology, physiotherapy or rehabilitation related degree or equivalent combination of courses

REQUIRED EXPERIENCE

- Considerable related experience in aquatic and dryland rehabilitation therapy
- Experience writing reports in a clinical setting

REQUIRED LICENCES AND CERTIFICATES

- Canadian Society of Exercise Physiology certificate (CSEP - CEP) or equivalent
- BCRPA Aquatic Fitness certificate or equivalent
- Standard First Aid
- CPR Level C with AED (current within the year)

HOW TO APPLY:

Please forward your cover letter, resume and copies of your certificates to corporate@srd.ca quoting "Posting 2019-06 Rehabilitation Specialist II, FT temporary" in the subject line of your application.



301-990 Cedar Street, Campbell River, BC V9W 7Z8
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Rehabilitation Specialist II

JOB SUMMARY

Under the direction of the Rehabilitation and Fitness Coordinator the Rehabilitation Specialist II is responsible for organizing and leading water therapy and aquatic and dryland rehabilitation sessions with clients referred from the Insurance Corporation of British Columbia (ICBC), WorkSafe BC, physicians and physiotherapists in one on one and group situations. The Rehabilitation Specialist II is also responsible for teaching adaptive fitness programs, personal weight training sessions, wellness workshops and courses and completing fitness testing.

JOB DUTIES

- Complete client assessments to prepare for water or land therapy
- Organize and lead water therapy, aquatic rehabilitation and/or strength training sessions with clients that have been acutely injured or have chronic conditions
- Teach adaptive fitness programs, personal weight training sessions, wellness workshops and courses and complete fitness testing
- Lead teaching cardiac rehabilitation programs
- Prepare correspondence, files and reports and maintain confidential clinical records
- Assist with developing, planning and implementing health and wellness programs and events
- Complete safety checks and perform basic maintenance to fitness and rehabilitation equipment
- Ensure a high level of customer service is provided
- Administers first aid as required
- Perform other related duties as assigned

REQUIRED EDUCATION

- Completion of grade 12
- Four-year degree in kinesiology, physiotherapy or rehabilitation related degree or equivalent combination of courses

REQUIRED EXPERIENCE

- Considerable related experience in aquatic and dryland rehabilitation therapy
- Experience writing reports in a clinical setting

REQUIRED LICENCES AND CERTIFICATES

- Canadian Society of Exercise Physiology certificate (CSEP - CEP) or equivalent
- BCRPA Aquatic Fitness certificate or equivalent
- Standard First Aid
- CPR Level C with AED (current within the year)

PREFERRED LICENCES AND CERTIFICATES

- Canadian Society of Exercise Physiology Certificate (CSEP - CPT) or equivalent
- International Council for Aquatic Therapy and Rehabilitation certificate (ATRI)
- BCRPA or a recognized Adaptive Aquatic Fitness certificate
- BCRPA or a recognized Personal Trainer certificate is desirable

- Bronze Cross and National Lifeguard award
- WHMIS 2015

KNOWLEDGE, SKILLS AND ABILITIES

- Ability to perform all aspects of water rehabilitation in shallow or deep water
- Clear understanding of the properties of water as related to the development of client exercise programs
- Current knowledge of medical terminology
- Ability to work with clients who may be under physical or emotional distress
- Ability to deal tactfully, courteously and diplomatically with clients, staff and the public
- Ability to communicate information clearly verbally and in writing to health and legal professionals
- Comfortable attending team meetings with lawyers, medical professionals or other specialists in which the incumbent will be expected to give full verbal reports justifying activities/therapies performed with the client
- Ability to work without direct supervision
- Keyboarding, word processing, and a proven knowledge of Microsoft Office including Outlook, Word & Excel
- A willingness to learn recreation facility management software
- Must be conversant with emergency procedures

OTHER

- Able to work a variety of hours and shifts, including but not limited to: evenings, weekends, and holidays.
- May be required to substitute in the short-term absence of a co-worker or supervisor

Safety is Everyone's Responsibility - All facility staff, including the Rehabilitation Specialist II, are responsible for recognizing and immediately dealing with urgent safety and health issues when and where they arise. All facility staff are responsible for recognizing and reporting non-urgent safety issues to their manager or another appropriate supervisor or manager in a timely manner.

I have read and understand this job description.

Employee Print Name

Date

Employee Signature